



Dear Victory Academy All-Star Candidate and Parent,

Thank you so much for your interest in Victory Academy Cheerleading! As we prepare for our 9<sup>th</sup> season, we feel that this will be our best year yet. Our coaching staff is excited for the new season, as we hope to keep building on our success here at the Academy.

Victory Academy has earned the reputation of being one of the top cheerleading programs in Illinois. We have set a standard of excellence that we will continue to maintain and develop. Victory Academy is looking for athletes who are willing to commit a full eleven months to the Lions, to work hard and improve individual skills, and to be a loyal teammate. We know that this type of program is not for everyone, as we train to compete. One of our main goals is to create winning teams. This type of goal requires strict attendance policies and structured workouts. Please carefully consider these goals when deciding to try out.

We have prepared the following information to help each family understand our program. Please take time to thoroughly read over the packet in full. We want every parent and team member to be fully aware of our expectations.

The Victory Academy coaching staff's mission is to offer the ultimate competitive cheerleading experience! We will offer the best training and most innovative routines possible. Victory Academy wants our team members to be exceptional cheerleaders, but most of all to be exceptional people. Focusing on teamwork and structured, safe workouts, Lions' team members learn how to encourage one another while building their own self-confidence.

Once again, thank you for considering being a part of the Victory Academy Lions. We hope that you will find this packet informative and that it will answer any questions that you have concerning our program. Good luck to each and every one of you! We look forward to a great season!

Sincerely,

Jen Nettleton and the Lions' Coaching Staff

# Victory Academy Lions Handbook

The Lions Handbook is meant to provide parents and team members with valuable information and expectations involved with our cheerleading program. Please note that all information here is to be strictly adhered to by all parents and team members, and that information is subject to change throughout the year. If at anytime you have any questions, please feel free to talk to a member of the coaching staff.

## Team Size/Division

For the 2008-2009 season, we will have anywhere from 4-8 different teams, depending on the number of athletes at evaluations. The teams will be comprised of athletes ages 4-18. We follow United States All Star Federation (USASF) age and level guidelines to form our teams. The divisions include Tiny (5 and under), Mini (8 and under), Youth (11 and under), Junior (14 and under), and Senior (18 and under). There are multiple levels within each age division, which allows us to have more than one team per age range if necessary. Divisions are also divided into small and large teams. Large teams may compete with up to 36 members and small teams with up to 20 members. When forming our new teams, we will base them first on age, and then by skill level. There is a chance that your child could be bumped up into an older age group if there is not enough to form a team for their correct age group. The divisions in which we will compete in will be decided in July after the coaches have had sufficient time to evaluate each team. We have the right to place/move team members to the squad where they will be best suited.

## Commitment

You must be prepared to fulfill an 11-month commitment (10-month for Tiny and Mini teams), practicing 1-3 hours a week for Tiny and Mini teams, and 2 ½ -6 hours a week for Youth, Junior, and Senior teams. You must also be prepared to attend 4-6 competitions for the Tiny team, 5-7 for the Mini team, and 7-9 competitions for Youth, Junior, and Senior teams, which take place over the weekends.

## Start-up Fees

A start-up fee will be paid by every member before being placed on a team. This money will be put towards your last monthly fee. If a team member leaves the team or is dismissed for any reason during the season, this money will be forfeited. Start-up fees are as follows:

\$100 – New members and returning full season members

\$200 - Returning members who did not fulfill a full season

## Tuition

Monthly payments are set by Victory Academy, and are due by the 1<sup>st</sup> of each month. After the 3<sup>rd</sup>, a late fee of \$5.00 will be assessed. Families who have 2 or more children in Victory Academy programs receive a 20% discount on the lesser tuition. In addition, a yearly membership fee of \$30 for individuals or \$50 for families with 2 or more children will be due at the beginning of each season.

Monthly prices are now based on an “all-inclusive” system. This system includes most of the expenses that a member would normally incur throughout the season. This price includes: tuition, entry fees for local and national competitions, coaches fees for competitions, summer team camp/activities, choreography/music, and spirit fee. This does not include uniforms, make-up, practice clothing, travel expenses, punch cards, or annual membership fees. This system makes financial planning and budgeting much easier for our families. A breakdown of each fee that is covered will be provided, so you can see exactly where your payments are going. We will provide a breakdown first based on last year’s expenses, and then once the competition schedule is finalized, we will provide an updated breakdown.

If a team falls out of this range (too high or too low) they pay for, then we may either give refunds or ask for additional funds to cover the difference in expenses. In the case of a refund, checks would be issued AFTER the conclusion of the last competition.

The tuition continues from May through March. To offset the fact that most of the expenses we incur happen well before March, we collect the \$100 start-up fee mentioned above at the beginning of the season and deduct this amount from the last month of the season.

Victory Academy also provides you with the convenience of automatic draft. This allows you to use a credit card to pay your monthly fee without having to write a check every month. You will know exactly how much will be charged and when it will happen. It will also help avoid late fees. This will be optional unless you have more than one late month. After 2 late months, you will automatically be enrolled in automatic draft.

There are two computer systems being used in the office this year, so you must write separate checks (instead of combining with your Lions tuition) for the payment of the following items:

- Pro Shop purchases (this includes Lions practice wear)
- Beich fundraising candy bars
- Other Victory Academy classes

For questions about tuition or billing, please talk to Vicki, Cne, or Sarah.

## Practices

Practice schedules will be handed out on a monthly basis. Schedules will be put on our website approximately 2 weeks before the start of the month. They are subject to change; however, proper notification will be given. The days that each team practices will be determined after evaluations, but note that they could be any day of the week, including weekends. Each team will have set practices that will remain the same throughout the year, and we will also have extra practices when we get near competitions. In addition, if a team member’s skills are

not progressing as quickly as they need to, they may be asked to take extra classes or private lessons at an additional cost. This may require an additional night of practice each week until the team member is able to perform skills needed for his/her squad.

A team can only achieve great things if the entire team is there to practice. Because of this, team members are expected to attend all scheduled practices.

There are a few excused absences:

1. Family emergencies
  2. School activity that earns a grade
  3. Sick with fever or contagious
  4. School games that the member is playing in or cheering at
- \*Other absences may be excused at the coaches' discretion.

Examples of unexcused absences:

1. Birthday parties
2. Homework/tests (PLEASE plan efficiently)
3. Shopping trips
4. Non-contagious illness/injury

\*We expect that cheerleaders will be gone for a summer vacation. Please note that an absence request form must be filled out. One week of summer vacation is excused.

If an absence is known in advance, an absence request form must be filled out completely. For a last minute absence, a coach or Victory Academy must be contacted before practice, and then you must bring an absence form to the next practice. Do not send information through other team members or email. If you do not have a ride to practice, please call a coach. They will find someone to pick you up. Not having a ride is an unexcused absence.

Submitting an absence request form does not necessarily excuse your absence. After 2 unexcused absences, a team member may be dismissed. After 7 excused absences during the competition season (August-March), a team member may also be dismissed. **NO PRACTICES ARE ALLOWED TO BE MISSED DURING THE WEEK BEFORE A COMPETITION.**

Everyone is to arrive at practice 15 minutes before the actual start time of practice to properly warm-up. At this time, team members must be dressed and ready to go. If you are going to be late, you must call.

Missed practices, arriving late, or leaving early may result in disciplinary action. This could include, but not be limited to, extra conditioning, gym cleaning, or removal from the squad.

If a team member is injured, they must still attend practice. They will not be required to participate, but will watch any changes that affect them. They may also stretch, condition, or perform activities that do not affect the injury.

Proper attire should be worn at all times during practice. Proper attire includes cheer shoes, socks, Lions' t-shirts/tank tops, team color shorts (black, columbia blue, or gray), and sports bras. Hair must be tied back in a ponytail, and there is to be absolutely no jewelry of any kind (see rules for piercings).

There is to be no gum, candy, food, or drinks besides water in the gym.

Practices are closed to parents, family, friends, or other spectators at all times. Some children are easily distracted by people watching them, which can be a risk to their safety and productivity. However, we do like our parents to be

able to see their children's progress, so there is an exception. Parents will be able to observe for the last 20 minutes of practice on the 1<sup>st</sup> practice of the month. In addition, we will send team progress reports out by email on a regular basis.

### **Star Status Program**

We are beginning the new Star Status program for our athletes this year as a way to motivate them to achieve new skills throughout the year. After evaluations have been completed and our new teams have been set, each athlete will receive their Star Status, level 1-5, based on their current tumbling skills performed at evaluations. The skills for each star status level are in accordance with the tumbling skills allowed in each USASF level. This program will help to provide them with specific goals and skills to work towards, as well as to create healthy competition amongst our athletes. The Star Status boards will be posted inside the gym as a constant reminder to our cheerleaders of the new skills they can gain through hard work and determination.

### **Punch Cards**

Based on the level that your team competes in, you could be required to attend Punch Card sessions. These are extra tumbling sessions that are not included with regular practice tuition, and are held 2-3 times per month. You purchase a card that is punched every time a session is attended. If your Star Status is completed for the level your squad competes at, you will not be required to attend. If you do not meet the Star Status for your team's level, you will need to attend until you meet the requirements.

### **Team Bonding Activities**

Team bonding activities are required, just as practices are. We feel that in order to have the most cohesive team, activities outside of practice times are important. These activities will be spread out throughout the year and will help the team members develop strong relationships.

### **Piercings**

New piercings must be done before September 1<sup>st</sup>. Piercings are illegal at competitions and may be grounds for team disqualification. If piercings are done after September 1<sup>st</sup>, there is a chance they will have to be removed before they are healed. In addition, if new piercings are obtained over the summer, they must be properly covered with athletic tape for practice. After the 6-week healing period, they must be removed for every practice. Even stud earrings have a chance of being ripped out.

### **Uniforms**

All members must purchase the entire Lions uniform. This includes MotionFLEX bodyliner, skirt, briefs, warm-up, cheer shoes, hairpiece (Tinys and Minis only), hair bow, and team makeup. Other items may be added to this list at anytime.

Uniforms must be paid for in full before your child receives their order. You will receive your uniform bill approximately 2-3 weeks after uniform fitting day. All uniforms will then be picked up on a designated date.

We do have a used uniform sale, which offers lower prices, but we cannot guarantee used pieces to everyone. However, we do our best to provide as many used pieces as possible.

Uniforms must be well taken care of. They must be hand washed and should not be dry-cleaned, dried, or ironed. Uniforms should not be worn to anything other than competitions, exhibitions, or other Lions-related functions.

## Competitions

Every team member must attend every competition. Missing a competition will result in dismissal from the squad. The team members pay a lot of money and work very hard to prepare for competitions, and missing even one person can have a huge impact on the team.

The Tiny team will attend approximately 4-6 competitions, Minis will attend approximately 5-7 competitions, and Youth, Junior, and Senior teams will attend approximately 7-9 competitions throughout the Midwest, mainly central Illinois. There is a possibility of some teams traveling farther. Competitions run from October to March. Most competitions are on Sundays, with 1 to 4 two-day competitions (depending on the team). There is a chance that 2-day competitions will require travel or report times on weekdays. We do our best to schedule competitions over long holiday weekends, but there is a possibility of missed school due to team travel.

\*Those placed on a Tiny or Mini team will not attend every 2-day competition.

For competitions requiring overnight stays, Victory Academy will be making all arrangements for hotels. Parents will be making all individual reservations, but coaches will provide the contact and room block information. Team members are required to stay with the team, and are not allowed to arrive late or leave early. Transportation will be set up on your own. If at anytime you cannot find a ride or need assistance, you may talk to the coaches or travel with them. Those team members who do not have parents on the trip are highly encouraged to travel with the coaches.

Parents are highly encouraged to take the trips with their child. Team members in 8<sup>th</sup> grade or below must have a parent responsible for them, whether it is their own parents or another arrangement was made.

At competitions, team members are expected to watch all Victory teams perform to cheer them on. Teams will always stay for their own awards ceremony. Competitions generally last all day long. If a parent needs to leave early from a competition, they must arrange another ride home for their child. We are a "family" and feel that being there for all the teams and for awards teaches good sportsmanship and shows respect for the competition host. This concept is very important to us.

While at competitions, team members should look professional and be in uniform. If they are waiting to compete, or have finished competing, they may wear our warm-up with a Lions' t-shirt. All team members must be in full

uniform for awards. Items that are not allowed include, but are not limited to: pajama pants, jeans, t-shirts that are not Lions, etc.

Parents or team members should not talk to the judges or those running the competitions. Coaches will take care of any problems that may arise.

### **Fundraising**

All team members are expected to participate in team fundraisers to help defray costs associated with competitions. If one does not participate in a fundraiser, they must inform a coach prior to the event, and they will not receive the funds from it. In addition, if a team member leaves the team before the end of the season, all team fundraising money will be forfeited. All funds will be kept in an account until payments are due. At this time, parents will receive a credit on their invoice showing how much was earned by their child. In the event that all funds are not used, the money will be applied towards other fees if possible or refunded.

We hope to hold approximately 2 individual fundraisers and 3 team fundraisers over the course of the year.

### **Summer Camps**

Various camps will take place over the summer for all teams. Each team will have at least one day of camp, with some teams up to four days. Youth teams that are Level 2 or under, Tiny, and Mini teams will have one day camps to help speed up the learning of their competition routine. Youth teams that are level 3 and above, all Junior, and all Senior teams will have multiple days, as we are bringing in outside camp directors/choreographers. These will take place in June or July. It is mandatory for all members to attend their camp dates. We will be having these camps at Victory Academy. The camps that have outside staff will require an extra cost, which is highlighted on the expense sheet.

### **Gym Service**

Cleaning the gym may at times be required if activities/responsibilities are missed. If this is necessary, it will be planned before or after the cheerleader's practice time.

### **Parent Committees**

We often form several parent committees for which we need volunteers. Possible groups are fundraising, spirit, and social events. These groups usually meet once or twice a month during practice times. We cannot run these groups without your help, so please consider helping out.

### **Parental Expectations**

Supportive parents are an important part of a successful team. We expect that all of our parents are always supportive and positive towards their own child as well as coaches, other parents, and every other member of the team. You are your child's most important role model, and your attitude towards the

program greatly affects your child's attitude. The following are obligations and expectations for all our parents.

1. RESPECT COMMITMENT! Once your child has committed to the team, it is your responsibility to keep them on the team for the entire season.
2. Parents are to encourage and support your child, other team families, and the program to the best of your ability. Negative remarks should not be made, especially in the presence of your child.
3. Any negative behavior towards a Victory Academy member or staff, as well as other gyms' members and staff, may result in the removal of your child from the team or parents being banned from attending future competitions.
4. Make sure your child is on time and attends all practices and events.
5. You must fulfill all financial obligations associated with the program.
6. Parents are expected to volunteer with fundraisers and other events as needed.
7. Parents should inform coaches of any absence or if a child will be late. Never send information through anyone else.
8. Talk to coaches with all questions rather than other parents or members. Coaches will always have the correct answers.
9. Any questions or concerns with the program should be handled respectfully.

We love our supportive parents and the kids do too! When you cheer the team on and encourage them, it can make so much difference in their performance. Set a good example at all times, and teach your kids about good sportsmanship and teamwork.

### Team Member Expectations

We are looking for hard-working, devoted cheerleaders with positive attitudes. We want our team to be the best it can be, which takes a lot of dedication and teamwork. Team members are expected to give 110% in everything they do. They should motivate each other and be constantly working to improve their skills. The following are expectations we have for all team members:

1. RESPECT COMMITMENT! Once you commit to the team, you are to fulfill the entire season.
2. Members will set and maintain the highest examples of behavior. They should be respectful to all team members, staff, and parents at all times. This also includes members of other teams when we travel to competitions. The way they conduct themselves while representing Victory Academy reflects on the entire squad.
3. Members will be on time to all activities.
4. Members will do everything in their power to achieve personal and squad goals and work as a team.

5. Each member should be aware that they do not have the right to be on Victory Academy Lions. It is a privilege.
6. Each member must be willing to cooperate with and be helpful to the coach or any person in charge.
7. Each member must be willing to work hard, take directions, and strive for excellence.

#### **Other Rules and Regulations**

1. Team members and parents are responsible for all information that is passed out or discussed at a missed practice. Information comes out in at least 1 of 4 ways: paper notes to take home, postings on the web site, postings on the team bulletin board, and email. Email is our most common way of sending information.
2. Each member and parent will follow all rules and guidelines set by Victory Academy staff.
3. Team members will not smoke, drink alcoholic beverages, or use illegal drugs.
4. Abusive behavior, lying, profanity, or any other form of negative behavior will result in removal from the team.
5. Safety of self or others should never be jeopardized. Each member is responsible for using proper, safe techniques at all times.
6. Team members are not allowed to use cell phones during practices, fundraisers, or exhibitions.

# Lions Program Expenses

Annual Membership Fee: \$30.00 (Individual Member)  
 \$50.00 (Families of 2 or more)

Punch Cards: \$40 for 8 sessions, \$50 for 12, and \$60 for 17 (only for those who do not have required Star Status for their squad)  
 (for tumbling nights, open gyms, etc.)

Uniform, Warm-Up, and Accessories: *All items for the Youth, Junior, and Senior teams are the same as last year, so returning members will not need to buy new, unless necessary. *The uniform for the Tiny and Mini teams will be new this year, but we are still working out the details. Prices will be less than or equal to the price of Youth, Junior, and Senior uniform.	<table border="0"> <tr> <td style="vertical-align: top;">           Tiny and Mini Teams            MotionFLEX Bodyliner - TBA            Skirt - TBA            Briefs - \$8.95            Shoes - \$40.00            Hairpiece - \$19.99            Hair Bow - \$11.00            Warm-Up - \$57.00            Make-Up - \$5-\$25            Tax and Shipping Costs – vary depending on what is ordered         </td> <td style="vertical-align: top;">           Youth, Junior, Senior Teams            MotionFLEX Bodyliner - \$140.90            Skirt - \$74.95            Briefs - \$8.95            Shoes - \$59.99            Hair Bow - \$11.00            Warm-Up - \$57.00            Make-Up - \$5-\$25            Tax and Shipping Costs – vary depending on what is ordered         </td> </tr> </table>	Tiny and Mini Teams MotionFLEX Bodyliner - TBA Skirt - TBA Briefs - \$8.95 Shoes - \$40.00 Hairpiece - \$19.99 Hair Bow - \$11.00 Warm-Up - \$57.00 Make-Up - \$5-\$25 Tax and Shipping Costs – vary depending on what is ordered	Youth, Junior, Senior Teams MotionFLEX Bodyliner - \$140.90 Skirt - \$74.95 Briefs - \$8.95 Shoes - \$59.99 Hair Bow - \$11.00 Warm-Up - \$57.00 Make-Up - \$5-\$25 Tax and Shipping Costs – vary depending on what is ordered
Tiny and Mini Teams MotionFLEX Bodyliner - TBA Skirt - TBA Briefs - \$8.95 Shoes - \$40.00 Hairpiece - \$19.99 Hair Bow - \$11.00 Warm-Up - \$57.00 Make-Up - \$5-\$25 Tax and Shipping Costs – vary depending on what is ordered	Youth, Junior, Senior Teams MotionFLEX Bodyliner - \$140.90 Skirt - \$74.95 Briefs - \$8.95 Shoes - \$59.99 Hair Bow - \$11.00 Warm-Up - \$57.00 Make-Up - \$5-\$25 Tax and Shipping Costs – vary depending on what is ordered		

Team Practice Clothing: \$50.00 – Each team member is required to have at least 4 practice shirts. Returning members will only have to buy the new designs.

Hotel Stays for 2-day competitions \$80.00-\$180.00 per night depending on location  
 1-2 nights possible for each 2-day competition (approx. 1-4 per season)

Monthly All-Inclusive Tuition: (includes tuition, competition entry fees, coaches fees, summer camp, music, choreography, and spirit fee divided into equal monthly payments)	\$170.00 Junior and Senior Teams (at 4 hours per week) \$140.00 Youth Team (at 3.5 hours per week) \$130.00 Mini Team (at 2.5 hours per week) \$100.00 Tiny Team (at 1 hour per week) (Additional family members receive 20% discount on the lesser tuition)
--	--

**\*\*THE ITEMS BELOW ARE ALL INCLUDED IN THE ALL-INCLUSIVE TUITION PAYMENT ABOVE\*\***

Competition Music: \$25.00

Competitions: \$35.00-\$60.00 for 1 day competitions (approx. 4-5 per season)  
 \$85.00-\$140.00 for 2 day competitions (approx. 1-4 per season)  
 \*The \$100 start-up fee paid at the beginning of the year goes towards these fees.

Coaches fees for competitions: \$100

Summer Camp: \$95-\$200  
 (Youth Level 3 and above, Juniors, and Seniors only)

Spirit Fee: \$15.00 (one-time) to help with goodie bags, etc. throughout the competition season

\*Note: We will be having a previously worn uniform sale; prices will be determined by the coaches depending on the condition of the uniform.

\*We also sponsor fundraisers to defray the costs.

## **Tentative Camp, Competition, Exhibition Schedule 2008-2009**

*Currently we have listed all of the competitions that are closest to Bloomington. We will narrow them down once dates and prices are confirmed. Tiny teams will attend 4-6 competitions, Mini teams 5-7, and Youth, Junior, and Senior teams 8-9 competitions. All teams will perform at exhibitions. Camp dates are currently tentative, as we have to confirm with the organizations we are teaming up with.*

<b>Date</b>	<b>Teams</b>	<b>Event</b>	<b>Location</b>
May 10, 2008	ALL	Uniform Fitting Day	Victory Academy
June 7, 2008	ALL	Blm. Extreme Halftime Performance	US Cellular Coliseum - Bloomington, IL
June 16-18, 2008	SR	Senior Camp	Victory Academy
June 18, 2008	YTH L1/L2	Youth Camp	Victory Academy
June 22, 2008	TI/MI	Tiny/Mini Camp	Victory Academy
June 23-25, 2008	YTH L3/L4 & JR	Youth/Juniors Camp	Victory Academy
September 1, 2008	ALL	Labor Day Parade	Downtown Bloomington
October 18, 2008		Jamfest Wild Jam	Peoria Civic Center - Peoria, IL
October 26, 2008		CSG Chitown Challenge	St. Xavier University - Chicago, IL
November 9, 2008		CSG Gateway Challenge	Gateway Center - Collinsville, IL
November 16, 2008		Cheersport Grand Championship	Indiana Convention Center - Indianapolis, IN
November 16, 2008		CSG Cheer for the Cure	Chicago, IL
November 22, 2008		Jamfest Turbo Jam	Indianapolis, IN
November 23, 2008		Jam LIVE!	Pheasant Run Resort – St. Charles, IL
December 6, 2008		Spirit Cheer Chicago Bulls Classic	United Center – Chicago, IL
December 6, 2008		CCE Snowball Blast	ECC Spartan Center - Elgin, IL
December 7, 2008		Great Lakes Reindeer Championship	Chaifetz Arena – St. Louis, MO
December 7, 2008		NCA St. Louis Classic	Family Arena – St. Charles, MO
December 14, 2008		UCA Midwest Championships	Peoria Civic Center - Peoria, IL
Dec. 13-14, 2008		WSF Indy Nationals	Indiana Convention Center - Indianapolis, IN
January 11, 2009		COA Windy City Championship	UIC Pavilion - Chicago, IL
January 11, 2009		CSG Midwest Challenge	St. Xavier University - Chicago, IL
January 17-18, 2009		Jamfest Super Nationals	Indiana Convention Center – Indianapolis, IN
January 24-25, 2009		CSG Mega Nationals	Chula Vista Resort – Wisconsin Dells, WI
January 25, 2009		Xtreme Spirit GO Big Nationals	Prairie Capital Convention – Springfield, IL

February 1, 2009	Xtreme Spirit Mardi Gras Classic	Chicago, IL
February 7, 2009	Great Lakes Speedway Nationals	Pepsi Arena - Indianapolis, IN
February 7-8, 2009	ASC Northern Nationals	Family Arena – St. Charles, MO
February 7-8, 2009	CSG Super Nationals	McCormick Place – Chicago, IL
February 14-15, 2009	Jamfest Chicago Nationals	Navy Pier – Chicago, IL
February 21/22, 2009	Cheersport Grand Championship	McCormick Place - Chicago, IL
March 1, 2009	CSG Prairie State Challenge	Bloomington, IL
March 6-8, 2009	UCA All Star Nationals	Disney World – Orlando, FL
March 7, 2009	Great Lakes Chicagoland Nationals	Sears Centre – Hoffman Estates, IL
March 14, 2009	Jam LIVE!	Indianapolis, IN
March 21-22, 2009	Xtreme Spirit Midwest Nationals	Kalahari Convention – Wisconsin Dells, WI

***Many competitions are still tentative at this point, but please keep the dates on your calendar until the schedule is finalized.  
The exact competitions we will be attending will be narrowed down as companies finalize their dates, venues, and prices.***

**Team Key –**

TI – Tiny, MI – Mini, YTH - Youth, JR – Junior, SR – Senior  
ALL TEAMS – Tiny, Mini, Youth, Junior, and Senior

Please initial, sign, and return this page at Registration:

## Cheerleader/Parent Code of Conduct and Handbook Agreement Form

I will come to practice with a positive attitude, and I will give my best effort towards the agenda set by the coaching staff.

\_\_\_\_Athlete Initials      \_\_\_\_Parent Initials

I will not disrespect any team member, coach, or competitor for any reason at any time. I understand that my actions 24 hours a day are a representation of my team and Victory Academy.

\_\_\_\_Athlete Initials      \_\_\_\_Parent Initials

I understand that this is an 11-month commitment and that my team is depending on me to fulfill my responsibilities as a team member. I am also aware that if I fail to honor my commitment, no refund for any reason will be given.

\_\_\_\_Athlete Initials      \_\_\_\_Parent Initials

I will learn and obey all rules and regulations of the gym and the cheer program, and I understand that by breaking any of the codes of conduct, I may be suspended or dismissed from the Lions cheer program.

\_\_\_\_Athlete Initials      \_\_\_\_Parent Initials

I will wear the scheduled practice wear to each practice. If I lose any of my practice wear, I understand that I must replace it immediately.

\_\_\_\_Athlete Initials      \_\_\_\_Parent Initials

I understand that time is essential to the program. I will do all that is necessary to get to practice on time and be there for the full practice.

\_\_\_\_Athlete Initials      \_\_\_\_Parent Initials

I will attend parents' meetings and retrieve information in which the Victory Academy staff had prepared for educating me on upcoming schedules, etc.

\_\_\_\_Athlete Initials      \_\_\_\_Parent Initials

I have carefully read and I fully understand and accept all information covered in the Lions Handbook. I agree to follow all the guidelines set forth here for the good of my team and the Victory Academy program.

\_\_\_\_\_  
Team Member Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date